Mount Carmel School Canteen

Term 1 Menu - 2016

Hot Food

*Nuggets (maximum 6) $0.60
Yummy Drummies (maximum 4) $1.00
Corn Cobbett (with/without butter) $1.00
Yummy Drummie wrap $3.50
(2 Yummy Drummies, lettuce & mayo)
*Sausage Roll $3.50
Meat Pie $4.00
Chicken and Vegetable Pie $4.00
Wedges $4.00
(Sour cream & sweet chilli sauce)
Cheeseburger with sauce $3.50
Hamburger $4.00
(Lettuce, tomato & sauce)
Chicken Burger $4.00
(Lettuce, tomato & mayo)
Hamburger with the lot $4.50
(Lettuce, tomato, carrot, beetroot, cheese & sauce)

Fresh or Toasted Sandwich or Turkish Roll

Ham, cheese & tomato $4.00
Chicken, cheese & avocado $4.00
Turkey, cranberry & cream cheese $4.00
Salad Ham & mayo $3.50 $3.00
Chicken & mayo $3.50 $3.00
Egg $3.00
Egg & lettuce $3.50
Curried egg & lettuce $3.50
Salad $2.50
Vegemite $2.50
Add cheese $0.50
Gluten Free Wrap add $1.00

Salad includes: Lettuce, tomato, beetroot, carrot & avocado.

Cold Food

*Sweet Chilli Chicken Wrap $4.50
(Lettuce, tomato & sour cream)

Open Thursday and Friday
Lunch catered for by order only. Please write child’s name, class and order on bag and place money inside (please do not use staples or sticky tape).

Lunch orders are available to order and pay via Qkr! Orders must be made by 9am each morning.

Also note anything with a # next to it, must be picked up from the canteen.

Thank you.

Emma McEvoy Kelly Clark
Canteen Manager Canteen Assistant

Term 1 Specials

Fresh or Frozen Watermelon Slices $0.20
Frozen Fruit & Yoghurt Bites $0.20
Slushy (Fruit Burst/Strawberry) $2.50
Mexican Beef Wrap $4.50
### Snacks
- Apricot & coconut slices each $0.10
- Dried apple each $0.10
- Banana chips scoop $0.10
- Sultanas scoop $0.10
- Soy crisps scoop $0.10
- #Frozen Orange - ¼ slice $0.20
- #Popcorn $0.20
- #Jelly cup $0.50
- Seasonal fruit $1.00
- #Hummus with carrot sticks $1.00
- #Fruit salad cup $1.00
- #Fruit salad cup with yoghurt $1.50
- #Trifle cup (jelly, fresh fruit & custard) $1.50
- *Banana bread $2.00

### Ice Creams
- #Raspberry Mini Calipo $0.80
- #Lemonade Icy Twist $1.00
- #Frozen Yogurt $1.20
  - (Mango & Strawberry)
- #Paddle pop $1.50
  - (Banana, Vanilla, Chocolate & Rainbow)
- #Cyclone $1.60
- #Shaky Shake $2.00

### Chips
- Red Rock Deli (Honey Soy & Sea Salt) $1.20
- Smith (Original and BBQ) $1.20
- Jumpy's (Chicken, BBQ & Salt & Vinegar) $1.00
- *Zombie Monster Munchees (Chicken, Cheese & BBQ) $1.00
- Mamee Noodles $1.00

### Drinks
- Just Juice Popper $1.50
  - (Apple, Apple & Blackcurrant, Orange, Orange & Mango & Paradise punch)
- Moove $2.00
  - (Chocolate or Strawberry)
- Water $2.00
- Focus Water $2.50
  - (Lemonade, Fruit Tingle, Raspberry, Blackcurrant)
- Berri Juice large $3.00
  - (Apple, Apple & Blackcurrant and Orange)

### Lunch Meal Deals
- Yummy Drummie Wrap, Just Juice popper & fruit salad cup $5.50
- Cheeseburger, Moove & fruit salad cup $6.00
- Sandwich or Turkish roll (fresh or toasted), Just juice popper and fruit salad cup $6.00
- Sweet chilli chicken wrap or Mexican Beef Wrap, Just Juice popper and fruit salad cup $6.50

### Miscellaneous
- Tomato sauce tub $0.20
- Soy sauce $0.20
- Lunch order bag $0.30
- #Lunch order bag pack 50 $4.50

*Gluten Free options available on request*